

# MT. ZION NEWS



Mt Zion United Methodist Church Newsletter

January 2019

## Church Women United

Church Women United met at Skycrest UMC on December 7th. Kathy Rollock presented the check to one of the Care Grant winners. The Children from Farmworkers Self-Help, Dade City performed.



VISION MONTH

**Join Us For:**  
**Uncommon Touch**  
**Breakfast**

8:00 AM-8:45 AM

**Church Service**

10:00 AM

**Family Bible**  
**Study/Dinner**

Wednesdays

6:00PM

# Christmas Activities



Seniors got busy making festive table centerpieces for friends and family.



## Blessing Abound on Christmas Day at Mt Zion

There was a beautiful Christmas Wonderland filled with toys for the children on Christmas Day at Mt Zion Fellowship Hall. Gifts of clothes, new blankets, canned goods, and buckets of candy were distributed to our guests, and, once again, Miss Betty and her crew served a delicious Christmas Day Dinner.

A huge "thank you" to all who volunteered to help prepare, cook, serve, provide transportation and for the many, many donations.



## YOU AND YOUR MONEY MOVING INTO THE NEW YEAR

The start of a new year is the perfect time to take stock on how we might improve on what we do. Looking back over 2018 and taking into consideration requests that have been voiced by members and our pastor, as Finance/Membership Secretary my goal is to increase the accuracy and efficiency of collecting and reporting membership and financial information and to regularly report to the congregation a record of your collective giving and membership growth. Having accurate and complete information is a first and very important step toward meeting this goal.

This cannot be done without your involvement. "How can you help?", you ask.

- Please complete a Membership Data Form even if no information has changed. Membership Data Forms are located at the Welcome Center in the Church Lobby.
- If you and a spouse or child will be giving jointly, fill out one form with the names of both individuals on the form. You will share the same Contribution Envelope Number.
- If you and a spouse or child will be giving separately you will have separate Contribution Envelope Numbers. Please fill out separate Membership Data Forms and each will have their own Contribution Envelope Number.
- When completing the Contribution Envelope, please include the appropriate name and the assigned Contribution Envelope Number. (See the List of Member Names and Contribution Numbers at the Welcome Center in the Church Lobby.)

Let us look forward to God's hand in our worship, teaching, fellowship and giving in 2019. Thank you for your continued support of Mt. Zion and its Ministries through your presence, service and financial contributions.

THE FINANCE/MEMBERSHIP SECRETARY

*Tyna Middleton*

## Church Women United



*"HAPPY NEW YEAR"*

**Human Rights:** At the onset individuals had rights only because of their membership in a certain group, such as a family or social class. With many people unaware of their rights, the question arises; who will make sure that human rights are respected? The names of some of these pioneers come to mind: **Rev. Martin Luther King Jr, Thomas Jefferson and Nelson Mandela.** Each of these individuals spoke and lived as effective advocates of human rights, they shared a passionate commitment to the principle that everyone is born with equal rights and anything less is an injustice.

Human rights are the rights to which everyone is entitled to be treated with dignity, respect no matter who they are or where they live, just simply because they are alive.

Yet some people when asked, they list one or two rights, and the first one is Freedom of Speech, which is very important, but there are so many others e.g. everyone has the right to education and to work, to free choice of employment. We also have Women's rights; many problems faced by women at the turn of the century have re-emerged in our time with a new demanding urgency; new waves of immigration, racial division, lack of affordable health care, concerns for the well-being of children and the elderly, questions about women's roles in society and world peace.

Millions of women prayed, organized, and marched; because of this countless lives have been changed. We have much to be proud of, and a great deal to celebrate, as we continue this journey.

*Church Women United celebrates Human Rights/Heritage Day on January 18, 2019.*

*Kathy Rollock-Ecumenical Action Coordinator, Church Women United.*

## Birthdays & Anniversaries to Celebrate In January

**Birthdays:** Bro. Anthony L. Middleton: 1/8; Bro. Dionte' Moore: 1/17; Sis. Patricia Tiggett: 1/18; Sis. Brenda Dixon: 1/21; Bro. Talmadge Rutledge: 1/24; Bro. Spencer Rutledge: 1/25; Sis. Minnie Temple: 1/29

**Anniversary:** Bro. E. J. and Sis. Lynne Robinson: 1/20

## Health & Wellness

The Color for the month of January is **Light Blue** to raise awareness of cervical cancer and thyroid cancer.

According to the American Cancer Society, there are an estimated 12,340 new cases of **cervical cancer** in America each year. Sadly, approximately 4,000 women die of this silent killer each year. Women of all ages are at risk for cervical cancer once they start being sexually active.

No Symptoms. One of the scariest things about this silent killer of women is just that—it's a serious disease that often presents with no symptoms at all in its early stages. If you're at heightened risk of cervical cancer, it's a good idea to have regular checkups with your doctor and undergo screenings for the preliminary signs of the disease.

**Thyroid cancer** doesn't usually show symptoms early in the disease. As it grows it may cause a lump in the neck, changes in voice, difficulty swallowing, pain in the neck or throat, swollen lymph nodes in the neck. Most cases can be cured with treatment.

### Health and Wellness Chair

Audrey Lyttle



## ANNOUNCEMENTS

**Bucket Drums, Tuesdays, 6:00 pm**

**Bible Study and Dinner, Wednesdays, Dinner 6:00 pm, Bible Study 6:30 pm**

**Line Dance, Thursdays, 6:30 pm**

**Living-It-Up Senior Ministry, Fridays, 11:00 am**

### Contact Us

Give us a call for more information about our service, events and ministries.

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Visit us on the web at [www.mzumc.net](http://www.mzumc.net)

Rev. Lee Hall-Perkins